


Strategies for Developing Empathy – using personal narratives in citizenship education

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Session Overview

- The power of personal narratives
- Connecting SDG to IDG: conflict
- Engaging with the personal and political in the stories of others
- Connecting the personal to the political, and the political to the personal

The image features a dark blue puzzle piece as the central focus, set against a solid mustard yellow background. The puzzle piece is slightly offset, creating a shadow. The text 'The power of personal narratives' is centered on the puzzle piece in a white, sans-serif font. The text is enclosed within a thin white rectangular border that follows the general shape of the puzzle piece.

The power of personal narratives



Work with narratives in NI


- Oral Histories: Civic Voices, Epilogues, Healing Through Remembering, Diversity Challenges etc.
- Prison to Peace (Lesley Emerson)
- Aftermath (Lesley Emerson)
- Religious Voices (John McCloskey)
- Refugee Voices (John McCloskey)

The background of the image features several interlocking puzzle pieces in a dark grey or blue color, set against a solid dark brown or olive green background. The lighting creates soft shadows, giving the pieces a three-dimensional appearance. A thin white rectangular border is centered on the image, framing the text.

Connecting SDGs to IDGs

Conflict: the personal and political

Connecting Sustainable Development Goal 16 (promoting peaceful and inclusive societies) with the Inner Development Goal of Relating (...ability to relate to others... with kindness, empathy and compassion)

The background of the image is a solid dark brown or olive green color. Scattered across this background are several interlocking puzzle pieces. The puzzle pieces are a light grey or off-white color, creating a strong contrast with the dark background. One large puzzle piece is centrally located and partially covered by the text. Other pieces are visible around it, some partially cut off by the edges of the frame. The lighting appears to come from the upper left, casting soft shadows from the puzzle pieces onto the background.

The personal and the political in the stories of others

What's in a
name?

This is my name

This is my story

Personal Mapping

Living Graph

This is my story

These are my influences

Key



People



Events



Institutions

NAME



Strategies for engaging with the stories of others (developing empathy)

- Body language
- Thought tracking/thought bubbles
- Emotions mapping
- Personal parallels
- Quirky questions
- Backstory/Childhood/Future-story
- Interviews
- 5 Whys

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Dominic

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- 5 Whys*

Interview



Interview

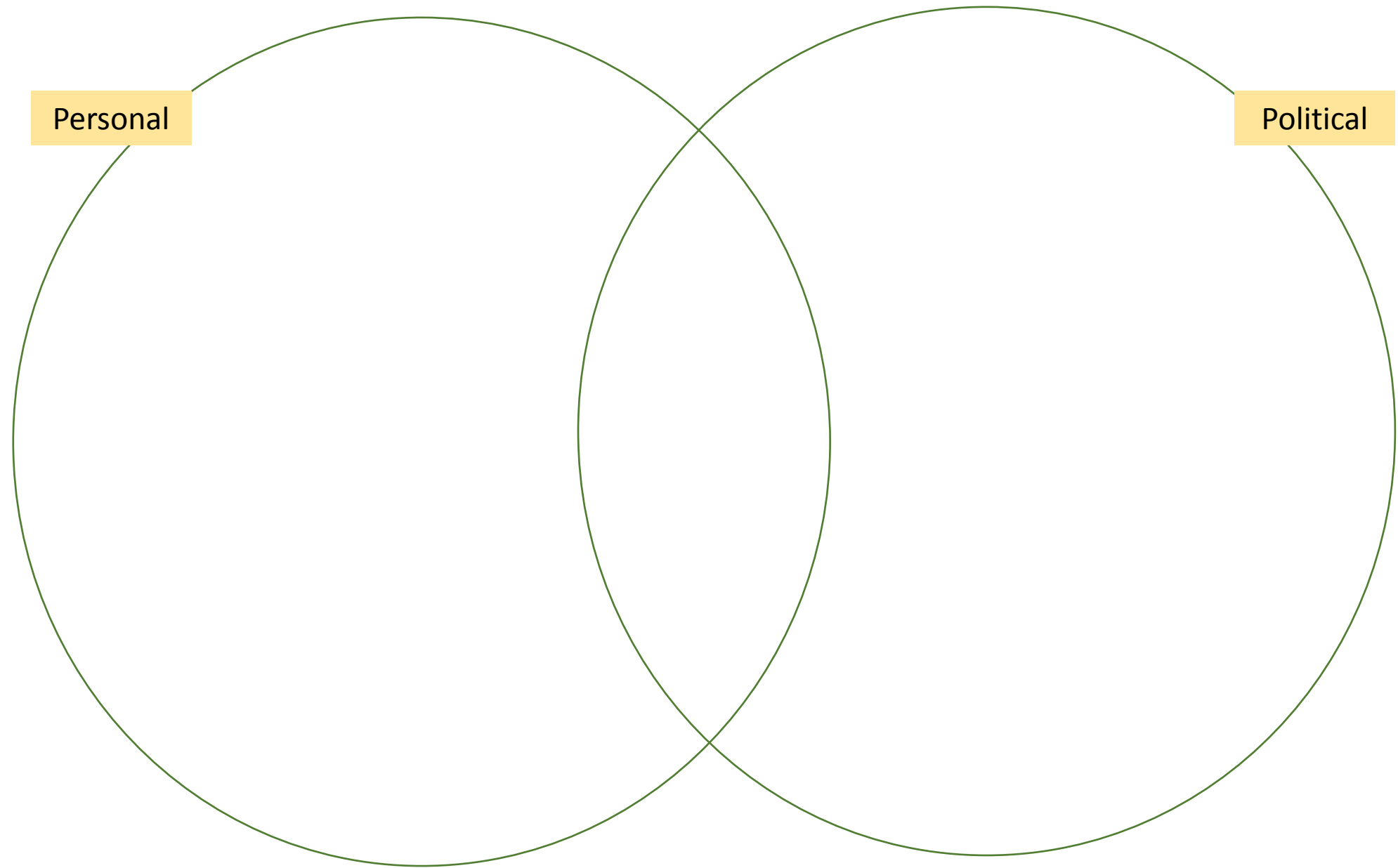


Quirky questions

- Does he have children? What's his relationship like with them?
- What does he do in his spare time?
- Who is his best friend?
- Where is his 'happy place'?
- What subjects did he like in school?
- What's his favourite take-away?
- Is he in to sport? If so, what? What team(s) does he support?
- What his ideal holiday destination?

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Connecting the political
to the personal







EXIT TICKET

How might you use the stories of others to connect the personal to political in your own context?



The background of the image is a solid dark olive green. Several interlocking puzzle pieces, made of a light grey or off-white textured material, are scattered across the surface. One large puzzle piece is centrally located and partially enclosed by a white rectangular frame. The text 'Thank you!' is printed in white on this central piece. Other puzzle pieces are visible in the corners and around the central one, some partially cut off by the edges of the frame.

Thank you!