



Millbrook Primary School

Ysgol Gynradd Nant-y-Felin



Seminar

**Millbrook Primary School's journey
as an agent for change learning organization:
creating resilient communities**

Lindsey Watkins,
Head teacher
Millbrook Primary School



FIVE NATIONS NETWORK

Citizenship & values education in England, Ireland, Northern Ireland, Scotland & Wales



**Changing communities: recognising schools as sites of
transformation**

FIVE NATIONS NETWORK

Citizenship & values education in England, Ireland, Northern Ireland, Scotland & Wales



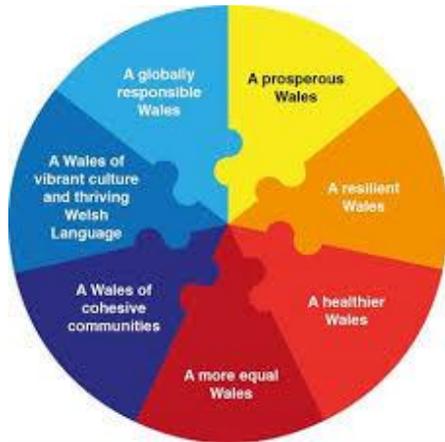
Aims:

- To share the changing educational landscape in Wales including The Well-being and Future Generations Act and show how this provides opportunity for schools to have real impact as learning organizations
- To share how the school's research and work has impacted positively on well-being in the community.
- To share how the school has developed the curriculum to ensure that students are empowered to make a difference in their community
- To leave everyone with a task/challenge to do back in own settings





It's an exciting time to be in Wales!



- Wales is the first country in the World to legislate for the *Global Goals*. These 7 targets are aimed at improving communities across the country: a prosperous Wales; a resilient Wales; a healthier Wales; a more equal Wales; a Wales of cohesive communities; a Wales of thriving Welsh culture and language and a globally responsible Wales
- Wales is in the process of developing a brand new curriculum with 4 core purposes at its heart. These are: ambitious capable learners; enterprising creative contributors; healthy, confident individuals and ethically, informed citizens of Wales and the World.



Together these goals and aims enable schools and communities to think clearly about what they need to achieve and what they can achieve together. Schools and communities can come together to identify and solve problems. This helps us to be develop resilient, self-sustaining communities & students who have the skills to solve future problems.





Millbrook Primary School
Ysgol Gynradd Nant-y-Felin



Our School:

- Formed in 2007 following the amalgamation of 2 schools
- 3-11 year olds
- 280 pupils on roll and rising - this will continue to rise as the P.A.N. has been increased from 30 to 45 from September 2016
- 34% have additional educational needs
- 30% are entitled to Free School Meals

- 10 base classes including nursery - PAN rose to 45 in Sept 2016
- Very large building but in urgent need of repair
- On site multi agency provision
- Nurturing ethos - nurture provision
- Open doors to the world - Confucius Classroom



*Learning about caring;
Caring about learning.*



Millbrook Primary School
Ysgol Gynradd Nant-y-Felin



At the heart of our community...

Bettws:



- A community first area with 5 lower super output areas of deprivation
- Population of over 10, 000
- Mixture of private and social housing
- High levels of unemployment - 40% of community have no recognisable qual.
- On the outskirts of the city - borders a rural area.
- A satellite doctors surgery, small shopping area.
- 3 primary schools, 1 high school



Issues in Bettws:

Family & Community Issues:

- Unemployment
- Depression and other mental health issues
- Drug problems
- Alcohol problems
- Crime
- Vandalism
- Working in poverty

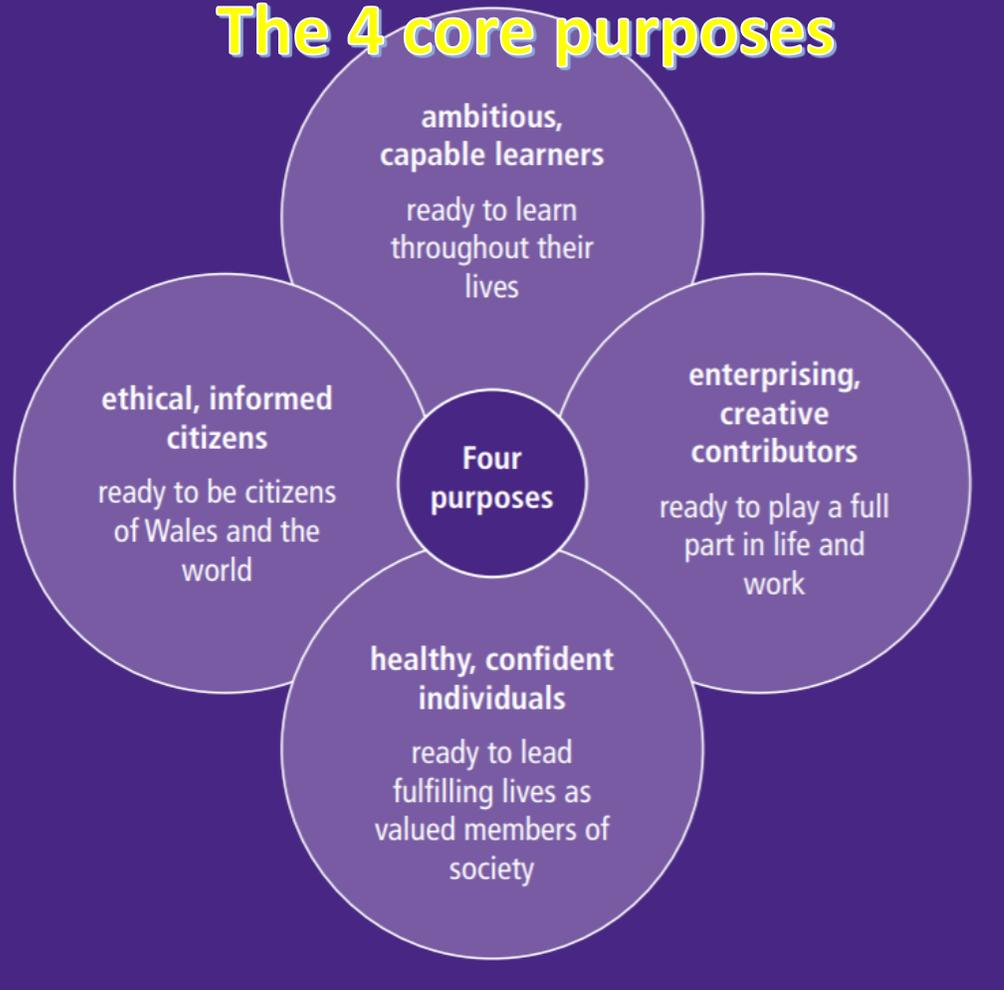
School Issues:

- Family engagement
- Attendance
- Pupil welfare
- Pupil well-being
- Pupil numbers
- Pupil behaviour
- Self harming



Millbrook as a learning organization: an agent for change

The 4 core purposes



- Aimed at developing the 4 core purposes of the new curriculum in Wales
- Developing a shared vision with the community
- Creating continuous learning opportunities for all
- Promoting team learning & collaboration
- Establishing a culture of enquiry, exploration and innovation
- Embedding systems for collecting & exchanging knowledge for learning
- Learning with and from the external learning environment and beyond
- Modelling and growing learning leadership

To this end we consider ourselves to be a research engaged school. We utilize local, national and international sources to support our continued learning

Research- improving the well-being of our community

What are ACEs?

Adverse Childhood Experiences (ACEs) are traumatic experiences that occur before the age of 18 and are remembered throughout adulthood.

These experiences range from suffering verbal, mental, sexual and physical abuse, to being raised in a household where domestic violence, alcohol abuse, parental separation or drug abuse is present.

Evidence shows children who experience stressful and poor quality childhoods are more likely to develop health-harming and anti-social behaviours, more likely to perform poorly in school, more likely to be involved in crime and ultimately less likely to be a productive member of society.

Why ACE Aware?



ACEs are everyone's business. For every 100 people in Wales, 50 have experienced one ACE, and 14 have experienced 4 or more.

ACEs are complex, affecting all areas of society. We all have a part to play in breaking the cycle.

We all need to understand and talk about ACEs, because the more we know, the more we can think about ACEs in everything we do.

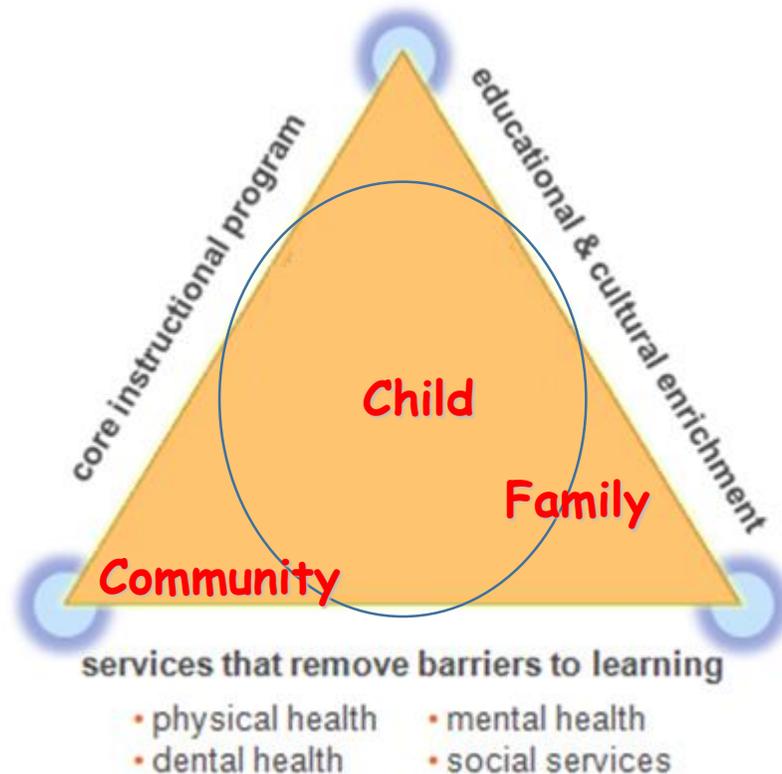
**By making our
schools &
communities ACE
aware
we can make a
difference**



Our Philosophy...



Millbrook Community Learning Centre



- Happy children learn
- To support the child effectively we must support the family
- To support the family effectively, we must support and embrace the community
- On site multi-agency support for families and the community supports us in this vision.
- This is most effective when we engage with children & their families from a very early age.

By nurturing families and the community in this way we give our pupils the very best chance to achieve. This enables us to mitigate the impact of ACEs and help our children to succeed.

“At the end of the day, the most overwhelming key to a child's success is the positive involvement of parents.”
- Jane D. Hull



It's all about relationships!

Our Three Mantras

- ◆ It's all about relationships
- ◆ Everything has to be negotiated—all the time
- ◆ For community schools to work, the partners have to have the word “yes” written in their hearts

Millbrook Primary has developed good working relationships with all of its key partners.

Millbrook Primary continuously works at its relationships with each of its key partners through regular meetings and the work of the community director. Just like a family - there can be differences of opinion.

At Millbrook everyone shares the same vision and goal - we all have yes written in our hearts.



*“Learning about caring;
caring about learning.”*



Working in partnership with our children.

We strive to give our pupils a voice as individuals and a collective. To do this we have worked with partner organisations such as One World. This has enabled our students to connect with others across the world thus broadening their horizons and aspirations for the future. It also makes them aware of their community and issues that we face in the world. Most importantly, it makes our children feel valued.



Working in partnership with other agencies.



We have been privileged to work in partnership with Gwent police to pilot the Heddlu Bach or Mini Police initiative. This involves the children directly in improving the wellbeing and safety of the community.



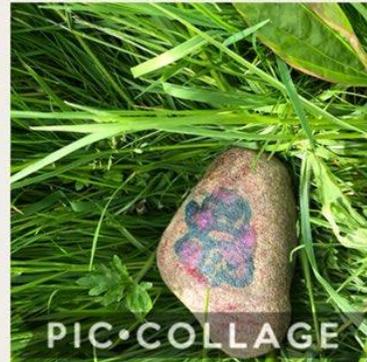
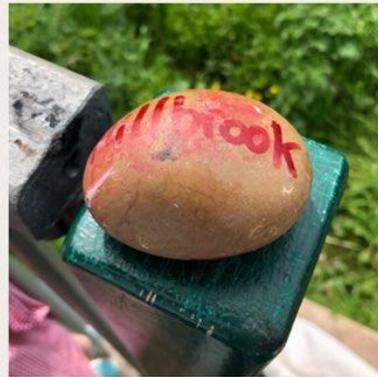


Working in partnership to provide support: a team approach

- Family well-being programmes
- Mindfulness
- ELSA
- Nurture
- Thrive
- Forest school
- Outdoor learning
- Animal therapy
- School well-being charter
- Heddlu Bach
- Children First
- Multi-agency support
- Home visits
- Sport
- Character education
- Confucius Classroom
- One World Club



Spreading kindness & well-being across our community



Our children and families have worked together to try and spread some happiness across the community of Bettws. They have created positive designs on stones and pebbles and hidden them for people to find across our community.

Let's work together to spread kindness & happiness!



Millbrook Primary School
Ysgol Gynradd Nant-y-Felin



Promoting kindness

We actively work together as a learning community to promote our core character values.

Kindness and caring is at the heart of everything we do.



*"Learning about caring,
caring about learning."*



**BUILD CHARACTER.
BUILD SUCCESS.**



Kindness

Respect

Resilience

Honesty

Cooperation



**KindHearts
Really Run
Cool**



**The Millbrook 5!
Super hero traits
helping us to
develop into the
character that
we want to be.**



Impact on well-being

- Standards at the school have risen - the school was judged as good overall by ESTYN in 2016 and is categorised as green. ESTYN has also judged well-being as good.
- Parent engagement at the school has increased from less than 50% to over 80%
- We have better provision for family, community and pupil support including on site multi agency provision
- Pupil participation and confidence has improved of many learners
- Pupil behaviour at the school has improved significantly.
- Pupil well-being has improved - only 1 child on the CP register in the last 4 years- this is due to the impact of multi-agency support
- Numbers at the school have increased significantly - risen from 180-280 on roll
- Overall, attendance has improved
- Crime rates have dropped
- More intergenerational work is taking place - we are caring for our older community members
- Active community- community members are coming to us and we are jointly working to solve community issues.



Our aims: how we strive to meet the 4 purposes of Learning through our One World work.

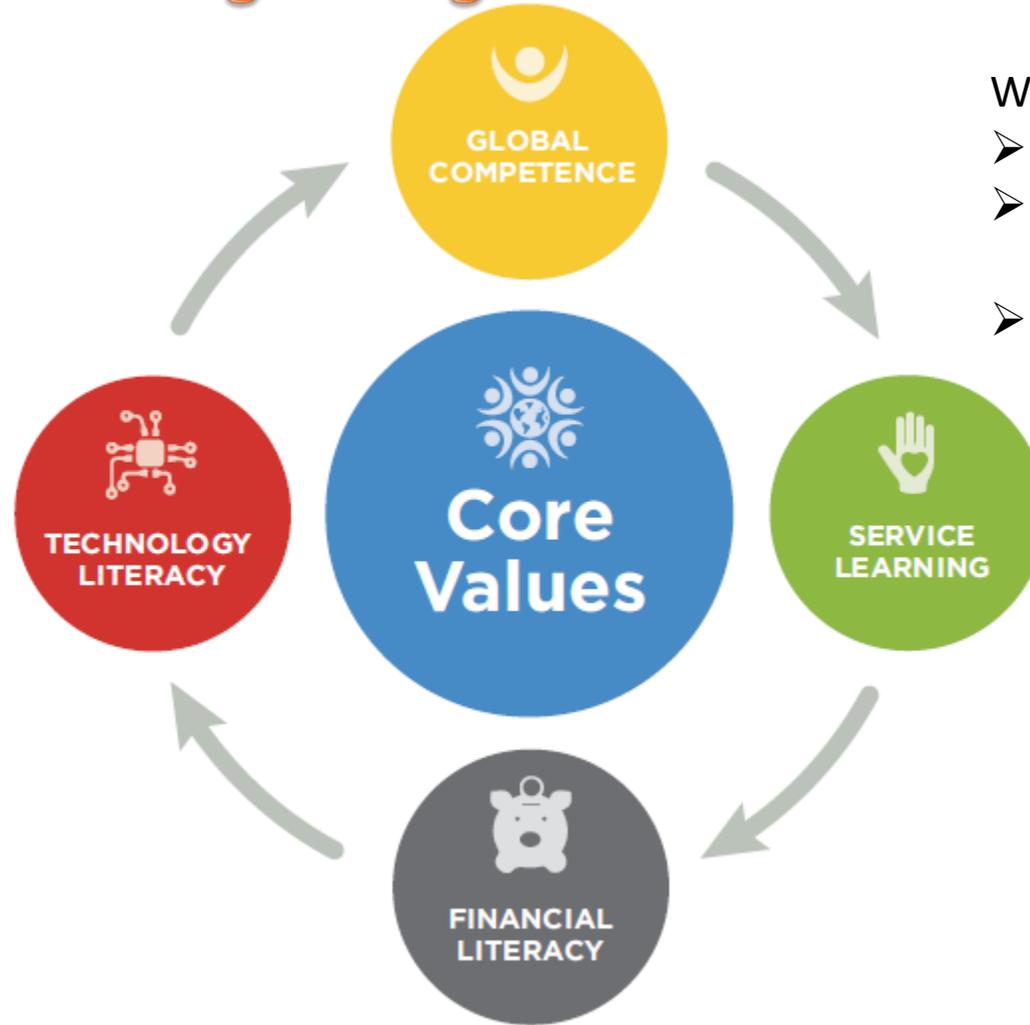


We strive to develop our students as:

- ✓ Ethical, informed citizens of Wales & The World
 - ✓ Ambitious, capable learners
 - ✓ Healthy, confident individuals
 - ✓ Enterprising, creative contributors
- (Successful Futures, 2015)

We do this via our:

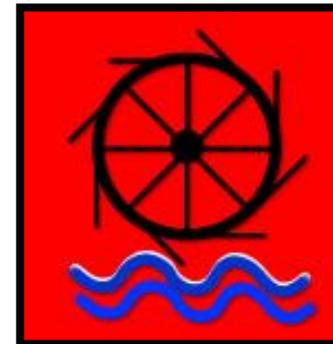
- One World Club
- One World School
- One World Community



One World School of excellence.



ONE WORLD'S E•C•E FORMULA
EDUCATE, CONNECT & EMPOWER = **FUTURE READY**





The One World Approach:
The One World **E-C-E curriculum** combines three academic disciplines: global education, character education and service learning.

That is, we:

Educate for Global Competence/Global Awareness;

Connect our students through Character and Values;

Empower our students through Service Learning Opportunities.

Teacher to teacher research in the USA

In May 2017 the head and 2 teachers had a study visit to work with other One World Club educators in New York. They also attended a global competence training course at Harvard University. This supported our understanding of global competence and enabled us to plan and innovate ideas for our curriculum.



They visited One World Clubs in Portchester and in Long Island, New York. Mrs Watkins even taught the children about Millbrook and taught them some Welsh!

**Staff
development**



Following our training in the USA we began to think of ways to develop and embed One World across the school. We quickly realised the importance of embedding the sustainable development goals into our school work. We decided to develop our work as a One World School and a One World Community and to become a One World School of Excellence.



*One World School
of excellence.*

One World Millbrook...

One World Club

Set up, establish & run a weekly after school One World Youth Club.



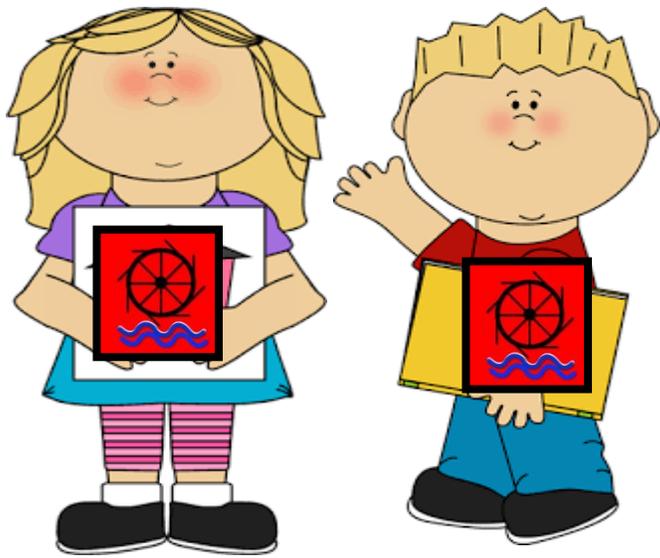
One World School

Embed, the vision, principles and ethos across the whole school. Introduce One World into whole school activities and across the curriculum.



One World Community

Work with and beyond the wider community educating others about One World principles including the Sustainable Development Goals.



Ambitious Annie & Capable Colin



Enterprising Eric & Creative Carys



Healthy Helen & Confident Craig

Millbrook Purpose Pals for Learning



These help us to embed & understand the 4 purposes for learning alongside our One World work.



Ethical Evan & Informed Izzy

We find, evaluate and use evidence to inform our views.

We engage with contemporary issues based on our knowledge and our values.

We understand and exercise our human and democratic responsibilities and rights.

We understand and consider the impact of our actions when we make choices.

We are knowledgeable about our culture, community, society and the world now and in the past.

We respect the needs and rights of others, as a member of a diverse society.

We show our commitment to the sustainability of the planet.

We are ready to be citizens of Wales and the World.

**Millbrook
Purpose Pals
for Learning**



**Ethical Evan
&
Informed Izzy**



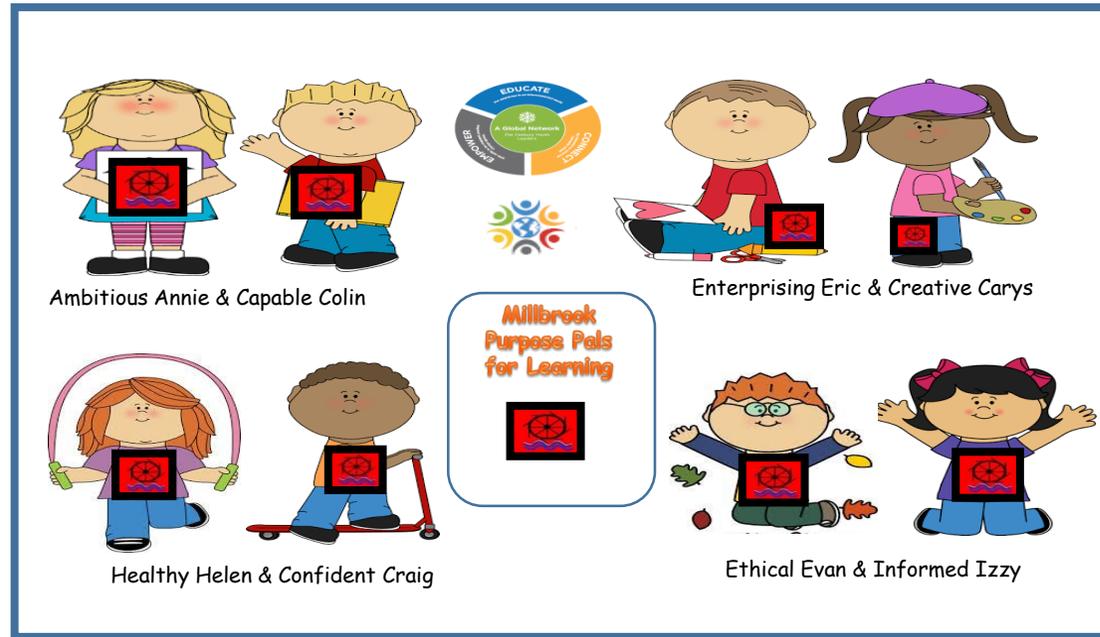
Student voice is at the heart of our One World work. This starts with the establishment of the One World and continues across the school. We have established the role of One World Global ambassadors. These are students who attend the club and help to spread the ideas, work and skills across the school and the community.

Our various student groups are also part of our whole school service learning. Every group, every role enables every student to provide a service to the school and to the community. We also strive to promote the UN Rights of the Child through this work.



One World across the school curriculum

We strive to provide global learning, character education and service learning opportunities across the curriculum. Our purpose pals for learning helps us to keep track of how we are developing as citizens of the future.



Ambitious Annie & Capable Colin

Enterprising Eric & Creative Carys

Healthy Helen & Confident Craig

Ethical Evan & Informed Izzy

Millbrook Purpose Pals for Learning



Whole school assemblies are used to teach everyone about the global goals and to launch One World whole school initiatives. Global awareness is at the heart of our school ethos.



Ethical Evan & Informed Izzy





We strive to use whole school and curriculum opportunities to teach learners about the Sustainable Development Goals. This sometimes leads to character education, sometimes service learning, sometimes we can educate, connect and empower our students through one whole school project. For example, when the whole school strove to raise awareness of food banks and to collect food for our local food bank.





oneworld

at Millbrook Primary

Character building for a global world

Celebrating languages and culture across the school

We promote and celebrate our Welsh heritage and culture and cultures around the world. We are fortunate to have students who originate from a variety of countries and backgrounds and they are encouraged to share their cultures with the rest of the school. We are also fortunate to have our own Confucius Classroom which enables our students to learn about Chinese culture and to learn mandarin. Our students learn Welsh, English and Mandarin.





oneworld

Character building for a global world

at Millbrook Primary

One World Community

We strive to create opportunities to raise awareness of global issues with our community. We work with parents, partner organisations and the wider community to give our students opportunity to lead this work and to make a difference within their local community.

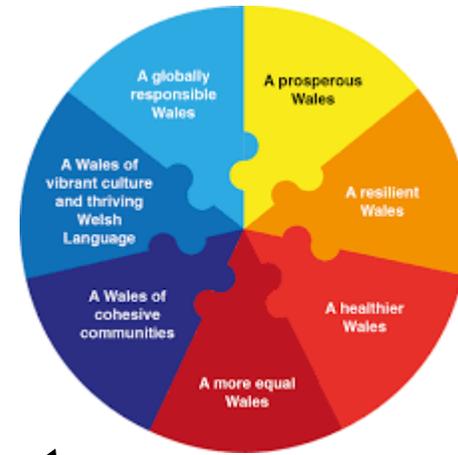
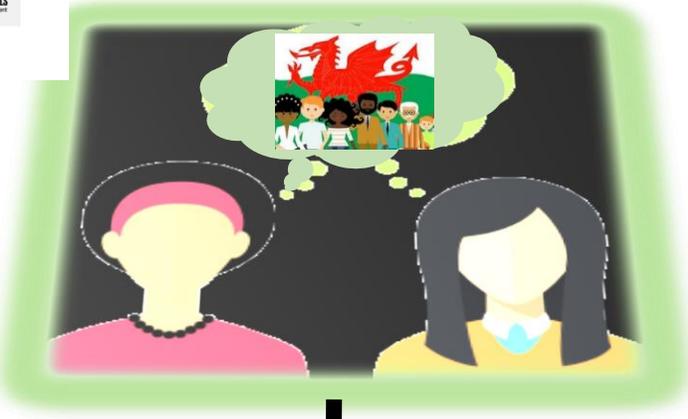
“ Working with, learning from and teaching our community in order to make a difference.”

THE GLOBAL GOALS
For Sustainable Development



Goals for The World

Millbrook Primary School



Goals for Wales



One World Club



One World School

**Help our students to be citizens of
Wales & The World**



A Prosperous Wales



A Resilient Wales

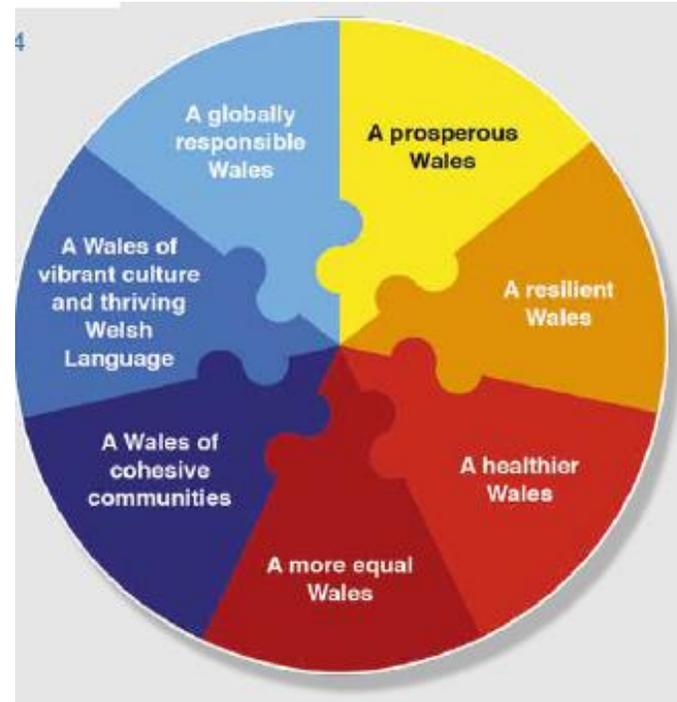


A Healthier Wales



A More Equal Wales

How can we apply the Global Goals and the Goals for Wales to make our school community an even better place?



A Wales of Cohesive Communities



A Wales of Vibrant Culture & Welsh Language



A Globally Responsible Wales



A Prosperous Wales

A Prosperous Wales

“An innovative, productive and low carbon society which recognises the limits of the global environment & uses resources efficiently and proportionately, and which develops a skilled and well-educated population in an economy which generates wealth and provides employment opportunities.”

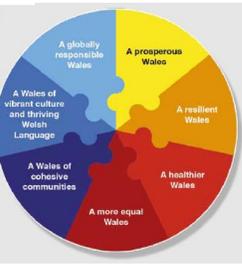
We have linked the Global Goals to the well-being goals for Wales. This was quite easy to do as the Welsh goals are based on the global goals.



*Learning about caring;
caring about learning*



Curriculum Overview 2018-2019



Well being goals for Wales

Global Goals



Autumn 1

Feed the World

17 PARTNERSHIPS FOR THE GOALS

12 RESPONSIBLE CONSUMPTION AND PRODUCTION

A Prosperous Wales

A Healthier Wales

1 NO POVERTY

2 ZERO HUNGER

3 GOOD HEALTH AND WELL-BEING

Summer 1

Explore The World

A Globally Responsible Wales

A Resilient Wales

17 PARTNERSHIPS FOR THE GOALS

13 CLIMATE ACTION

14 LIFE BELOW WATER

15 LIFE ON LAND

Autumn 2

Peace to the World

A More Equal Wales

16 PEACE, JUSTICE AND STRONG INSTITUTIONS

5 GENDER EQUALITY

17 PARTNERSHIPS FOR THE GOALS

Spring

**Cymru a'r Byd
Wales & the World**

A Wales of Vibrant Culture & Welsh Language

A Wales of Cohesive Communities

11 SUSTAINABLE CITIES AND COMMUNITIES

17 PARTNERSHIPS FOR THE GOALS

Summer 2

Celebrate the World

A Wales of Cohesive Communities

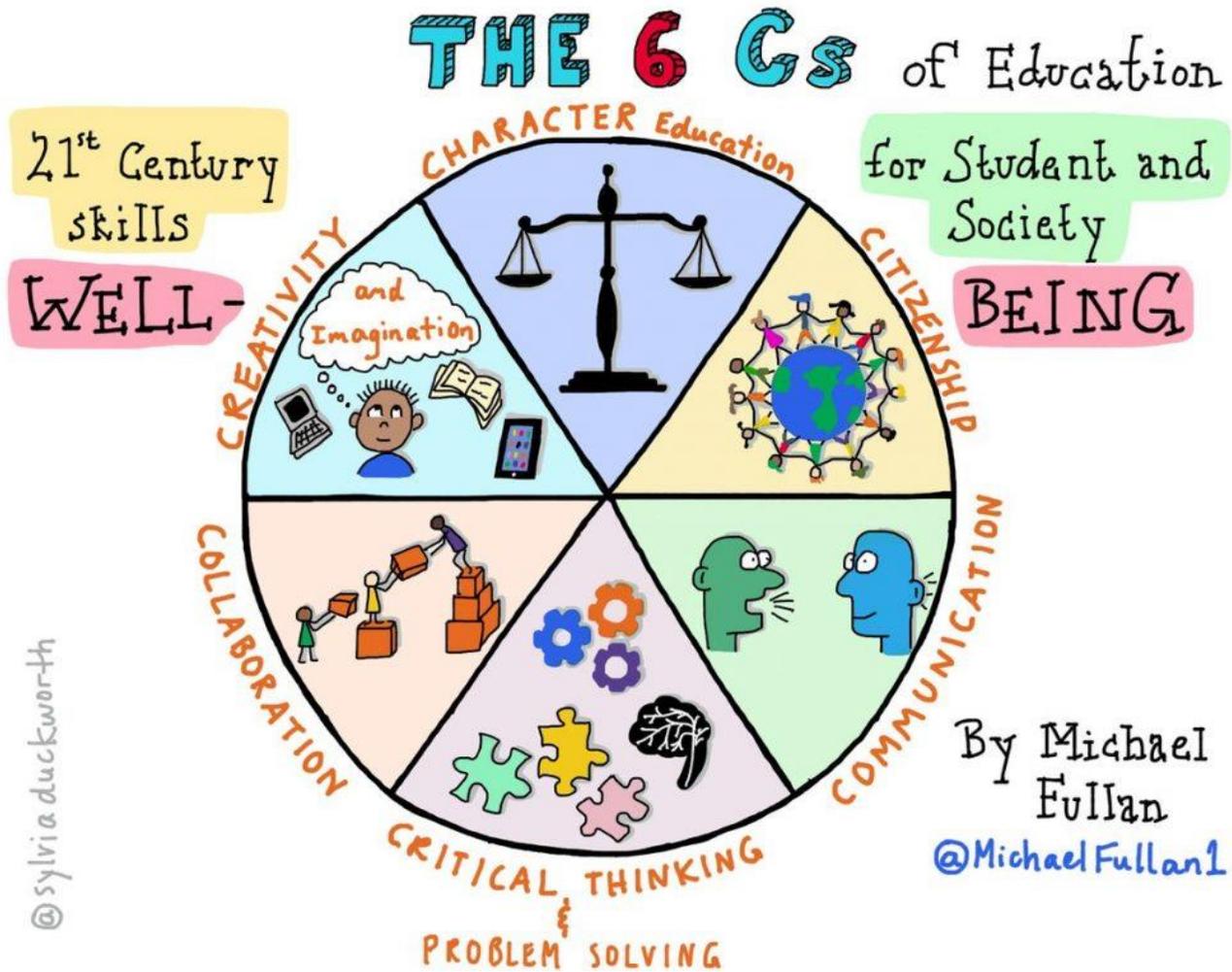
4 QUALITY EDUCATION

9 INDUSTRY, INNOVATION AND INFRASTRUCTURE

17 PARTNERSHIPS FOR THE GOALS



Curriculum Research



This year we aim to embed **Character education** more fully into our curriculum along with:

- **Citizenship** – community links, global links, democratic links, links with the rights of the child
- **Communication** – giving our students a voice
- **Critical thinking and problem solving** – striving to solve community problems
- **Collaboration** – working in partnership with parents, other schools, international partners and community partners such as the police
- **Creativity** – thinking creatively to find solutions and try out new ideas.

Planning year by year



Feed the World Overview

Nursery	Harvest soup
Reception	Bread - Little Red Hen
Year 1	Superfood / Healthy - <u>Supertatoe</u>
Year 1/2	Afternoon Tea
Year 2	Forest Food - Owl Babies
Year 3	Eco Food - Fairtrade (Greenhouse out of bottles NHS)
Year 4	Scrumdiddlyumptious - Charlie and the Chocolate Factory
Year 5	Eating on the Job
Year 6	DEFRA Packaging Rationing World War
SGDs	1,2,3,12

Remember

World Food Day 16th October

Harvest Week commencing 15th October



6Cs – Michael Fullan

Character	Citizenship	Collaboration	Communication	Creativity	Critical Thinking
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Year Group _____

Whole School Theme: Feed the World
Class mini theme: Scrumdiddlyumptious

Hook Day – what are you going to do?
Set a date.
Capturing Curiosity Event

Plan a Coffee Morning to raise money for Macmillan

Purpose – what is your goal e.g. sell something in the local market / teddy bears picnic / macmillan event

Invite parents, governors, children to come to a coffee morning to raise money for the Macmillan campaign

SDGs

1, 2, 3 and 12
Add any specific to your theme:

Community Links e.g. visit Willowbrook / Community walk / Meet with local governors etc.

Meeting with governors, visit the local bakery.

Family Engagement Session.
What are you going to do?

Ask parents to come in to help decorate ready prepared cakes and to support the actual event on 3rd October

Trip – (at the beginning of the theme)

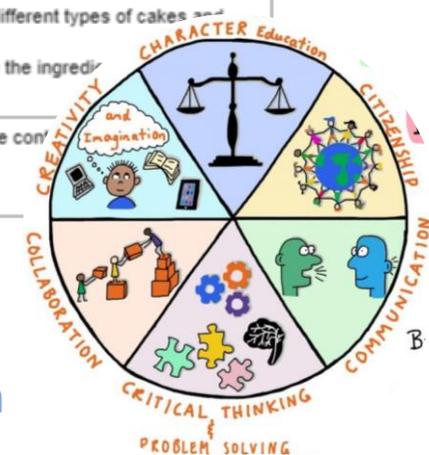
Walk up to local bakery to research different types of cakes and toppings.
Walk up to the local shop to purchase the ingredients for the event

4 Purposes links
What character will you focus on?

Helping us to be enterprising, creative contributors and to take a full part in life and work.

Financial Education Links

Costing the cakes.
Collecting the donations



The 6Cs-
Based on research
(Fullan)

Creative & Expressive Arts:

Tie Dying Materials

Tribal Clothing

Aztec Art- study and copy as well as making own versions.

Role play and drama activities



Science & Technology:

Body Matters

- Main Organs
- Five Senses
- Teeth



Food - Healthy Eating

Internet research / Internet safety

- Using different apps and programs to develop computer skills and language

Humanities:

The Aztecs - Hernando Cortez and Montezuma II

Rainforests, cacao trees on the equator, import/export of chocolate.

Community - The importance of collaborative work, looking at Bourneville and the Aztecs.

Harvest Festivals

Sukkot - Jewish Festival

Christmas



A Prosperous Wales

Scrumdiddlyumptious

Feed The World



No Poverty



Zero Hunger



Good Health

Language, Literacy & Communication:

Reinforcing Welsh language patterns, reading skills and oracy through a scheme of work.

Role play

Character descriptions.

Poems about chocolate

Diary extract Create an advert TV/radio

Aztec Folk Tales Newspaper article/Recount



Writing

Mathematics & Numeracy:

Place Value

Multiplication & division

Perimeter

Temperature

Financial Education

Addition & Subtraction (with money)

Fractions Problem Solving



3d shapes/nets

Handling data

Time

Health & Well-being:

Healthy Eating - Food diary

Large Ball Skills

New Beginnings

Anti-bullying

Planning a Coffee Event

to raise money for

Macmillan- Invite Parents



A Healthier Wales



A Globally Responsible Wales

Staff research,
Staff learning

Pupil research,
Pupil learning

Family research,
Family learning

Everyone researching,
Everyone learning
together.



Making a
difference
In our
community.



Since we have begun working in this way, our students have begun to take more ownership of their learning.

They want to be agents of change, they want to make a difference and they are beginning to take action.

Examples include:

- Running a campaign against the use of plastics and presenting this to the director of DEFRA
- Running whole school assemblies and campaigns to teach the whole school community
- Working with partner organizations to research with and learn from – this has led to the production of the children's own road safety leaflets
- Planning and running their own community campaigns to raise money for a cause that is important to them.

Impact

- Learning is constantly happening throughout our learning organization – the community, parents, staff and governors and most importantly, our students
- Pupils are taking more ownership and responsibility for their learning and for improvement of our community
- Everyone is working together more effectively across the whole community
- Gradually, step by step we are starting to make a difference.

If we work together;
we can make a difference
in our community,
our country
& across the World.



Can you help our students make a difference by taking The Millbrook Kindness Challenge? Tweet us your answers or show us what you've done via tweet to @MillbrookP



Let's spread kindness...

On the piece of paper provided write a positive word, sentence or phrase that if read by a complete stranger, it would brighten their day up and make them feel good.

Think of a random act of kindness that you can do in your personal life.

Think of a random act of kindness that you can do in your work life.

Pledge to put these acts of kindness into action!

World Kindness Day
NOVEMBER 13 -
#WorldKindnessDay

World Kindness Day
NOVEMBER 13TH
WORLD KINDNESS DAY

Kindness STARTS WITH ONE...

- compliment
- smile
- favor
- HUG
- thank you
- donation
- walk
- card
- gift
- flower
- tip
- surprise
- cookie
- piece of trash
- BOOK
- ride
- QUOTE
- STORY
- listening ear
- PICTURE
- person

#WORLDKINDNESSDAY
RANDOM ACTS OF KINDNESS

The Millbrook Kindness Challenge

Take The Millbrook Kindness Challenge!

